

The
Pulse

presented by

the

Graduating
Class

1967

VOL VIII

Dedicated To My Mom and Dad

JEAN BUCHANAN

Dear Mom and Dad,
Thank-you. My warmest thoughts of you will prevail always.
Love,

Jean

BETH COOK

Dear Mom and Dad,
I am indebted for your love, devotion, patience, understanding, thoughtful guidance and prayers without which I would never have been able to attain my goal.
Love,

Beth

LINDA CROWE

Dear Mom and Dad,
Truly, if it hadn't been for you I wouldn't have made it. Words can't express my feelings of gratitude so I'm not going to try. Somehow I know that you feel it was worth it all.
Love,

Linda Maye

GAYLE DISNEY

Dear Mom and Dad,
Children are people, they grow into tomorrow only as they live today.
Thank you for being so dear throughout; especially the past three years.
Love,

Gayle

SUE ELLIOT

Dear Mom and Dad,
A word; A thought; A line:
For quiet moments—love, understanding, support and encouragement, I thank you.
Love,

Sue

JEANETTE FARNELL

Dear Mom and Dad,
A note for you Mom and Dad
Who helped when things went bad
A simple thing to say—Thanks
For your love and support each day
For the constant faith you had.
Love,

Jeanette

GAYLE FISHER

Dear Mom and Dad,
This is just a note to show you how grateful I am for your love, direction and understanding throughout my life in nursing.
Love,

Gayle

DONNA GALT

Dear Mom and Dad,
Thanks for the guidance, love and understanding you have always given me.
Love,

Donna

JOAN GRAHAM

Dear Mom and Dad,
Love, guidance, understanding, support—words cannot express all you have done for me.
My sincere thanks for giving so much of yourselves throughout my life; it shall never be forgotten.
Love,

Joan

SHARON GREER

Dear Mom and Dad
For your love, understanding and encouragement; For your concern and thoughtfulness; For being there when I needed you; For being such wonderful parents, "I thank you."
Love,

Sharon

PAT HAMILTON

Dear Mom and Bob,
Your thoughts and understanding have been greatly appreciated and helped me through some of my most trying years.
Love,

Pat

DEANA HLADYSH

Dear Mom,
It's Graduation and I'm a Nurse. I've reached my goal only because you believed in me and gave that small push of encouragement in the best way you knew how. Thank you Mom. Where would I be without you?
Love,

Deana

B. J. HARPUR

Dear Mom and Dad,

Thank you for the opportunity to learn at home and elsewhere that faith, laughter and love are the most important assets necessary to mould a happy life.

Love,

Bette

JANE HARRISON

Dear Mom and Dad,

"Words cannot express my thanks."

Love,

Jane

LORNA HICKS

Dear Leah and Dad,

Graduating is a wonderfully rewarding experience. I have you both to thank for it.

Love,

Lorna

HELEN HILL

Dear Mom and Dad,

Thank you for all the understanding and encouragement you have given me. I shall always be grateful.

Love,

Helen

JANE HUSTON

Dear Mom,

Words cannot express my gratitude for all of your love, devotion and faith, especially during these last three years. Without you I could never have made it.

Love,

Jane

LINDA JOHNSTON

Dear Mom and Dad,

There are no words that better express my sincere appreciation than "thank you."

Love,

Linda

EVA KOBLAK

Dear Mom and Dad,

There are no words that better express my sincere appreciation than "thank-you."

Love,

Eva

MARY ANN LYMER

Dear Mom and Dad,

To those who smiled with pride
Encouraged each new deed
Understood and cared
My parents
Thank you.

Love,

Mary Ann

PAT McCULLOUGH

Dear Mom and Dad,

Just a simple thanks for your love, guidance and understanding in making my life successful.

Love,

Paddy

EUGENIA NEDOZYTKO

Dear Mom and Dad,

Words cannot express my thanks for your love, understanding and faith. I shall always be grateful.

Love,

Eugenia

CAROL NOYES

Dear Mom and Dad,

This small token I dedicate to you Mom and Dad in appreciation of the opportunity you have provided for me and the hardships and joys we have shared.

Love,

Carol

JANICE PARKER

Dear Mom and Dad,

Before I say a word, I know that you will understand the thoughts I have in my heart. Three years is a long time, filled with much hard work, but I know that your love and understanding smoothed my path in so many ways. I want you to know how much I appreciate you and love you for loving me.

Love,

Janice

JANET PARKS

Dear Mom and Dad,

For your encouragement and persuasiveness, your love and understanding I want to thank you with all my heart.

Love,

Janet

JOAN RUTHERFORD

Dear Mom and Dad,

Your love, your dreams, your spirit you gave to me.
Thank you.

Love,

Joan

JAN SADLER

Dear Mom and Dad,

Understanding, thoughtful, wise, with infinite patience and love—this describes my parents—"thank you for being thus."

Love,

Jan

SHARON SCOTT

Dear Mom and Dad,

The product is only as good as the grower . . .

The seed is only reflecting the sower . . .

If you like me and I am you . . .

Perhaps that is thanks enough for both of you.

Love,

Sharon

MARILYNN SHARPLESS

Dear Mom and Dad,

Words cannot express, my heart-felt thankfulness, for all you have done for me.

Love,

Marilynn

SHARON SIBLOCK

Dear Mom and Dad,

These past 3 years have been filled with many wonderful memories. You have made these all possible. Your understanding ways, your faith, courage and love have always been there when I needed them most. And now the time has come to say—"thank you" for something I have always wanted to be—A NURSE.

I have much to thank God for, but above all I thank Him for the prayers of my Mom and Dad.

Love,

Sharon

DONNA SMALLPIECE

Dear Mom and Dad,

Thank you for your help and encouragement throughout the last three years. It will always be appreciated.

Love,

Donna

JUDITHANN SPARROW

Dear Mom and Dad,

"Thank you"—a phrase so simple, yet so meaningful and yet not used as often as it might be.

Love,

Judithann

BARBARA WALKER

Dear Mom and Dad,

Thank you, Mom, for caring and listening, for helping in so many ways which you were not even aware of.

Thank you, Dad, for your advice, for your encouragement for your respect and belief in what I was attempting.

Thank you both, for helping me make a lifelong dream, an actuality.

Love,

Barbara

JOAN WALKER

Dear Mom and Dad,

Thank you for your love, encouragement, trust and understanding.

Love,

Joan

GAIL WILSON

Dear Mom and Dad,

Thank you so much for your help in the past years. Without your constant guidance and support I could never have accomplished all I have.

Love,

Gail

EVELYN WINNING

Dear Mom and Dad,

So now my dream has come true, with only two wonderful people to thank. You've given so much and asked so little; where does the thanks begin?

Love,

Ev

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ALUMNAE - CLASS OF 1966

Shirley Gardiner—working on 2B, O.G.H.

Connie Vail (nee Crossman)—working on 2B,
O.G.H.

Lois Delaney—working on 3B, O.G.H.

Sharon Bryant (nee Henderson)—working on 3A,
O.G.H.

Pauline Haupt—working on 2A, O.G.H.

Joan Bradburn—working on 2A, O.G.H.

Ruth Kay—working on 3F, O.G.H.

Sharon Solotorow (nee Cannon)—working on 4F,
O.G.H.

Heather Bell—working on 4C, O.G.H.

Ruby Jubb (nee Wilkins)—working on 4C,
O.G.H.

Joy Clark—working on 3F, O.G.H.

Irene Thaczuk—working in O.R., O.G.H.

Janet Daniels (nee McKay)—working on 3F,
O.G.H.

Catherine Steven (nee Dunn)—working at
Scarborough General

Heather Sheldon—working in E.O.R.,
Scarborough General

Barbara Shortt—working in E.O.R.,
Scarborough General

Betty Carrington—working in I.C.U.,
Scarborough General

Michelle Miller—working at Toronto General

Florence Lowes—working at Toronto General

Sandra Reaume—working at Wellesley Hospital

Sandra Wilson—working at Wellesley Hospital

Diane Robinson—working at Wellesley Hospital

Donna Johnson—working in E.O.R.,
Sick Children's

Theresa McGuire—working in E.O.R.,
Sick Children's

Inger Stalbecker—working in E.O.R.,
Sick Children's

Marilyn Copeland—working at Cooksville
Hospital

Marian Trimble (nee Sharp)—Orillia,
Soldier's Hospital

Pat Manley (nee Hasson)—working at
Kingston General

Edith Chamberlain (nee Drinkwater)—
Northwestern Hospital

Maria Hugenholtz—working at Branson General

Vicky Bergmann (nee Day)—working at
St. Mary's, Kitchener

Sally Gutsole—attending Western University

Jane Failes—at Port Arthur Hospital

Paulette Wilson (nee Watts)—working at
Brantford Hospital

Linda Watts (nee Tapscott)—working at
Bowmanville Memorial

Diane Ferguson (nee Tink)—working at
Bowmanville Memorial

Peggy Stevenson—working at
Scarborough General

Anne Hall—working at Pickering Hospital

THE DIRECTOR OF NURSING



This Yearbook will serve as a memento which will evoke memories of joy, sorrow, success and disappointment shared with your fellow students during your undergraduate nursing years. This unity is the foundation of the lasting friendships you have formed with your fellow students.

As a graduate nurse you will become increasingly aware of the unity of our world-wide profession. We, as nurses, are bound together in a profession that brings us in contact with mankind, imposes on each of us the same disciplines, requires of us the same courage and brings to us the same joys. This unity provides the friendship which can support us through days of service in a materialistic and mechanized society.

In his book "Terre des Hommes" Saint Exupéry said "La grandeur d'un metier est, peut-être, avant tout, d'un unir des hommes. Il n'est qu'un luxe veritable, et c'est celui des relations humaines. On n'achete pas l'amitie . . . d'un compagnon ont lie a nous toujours" (the greatness of a profession is perhaps, above all, to unite men.

There is only one luxury, that of human relationships. One cannot buy friendship . . . such as that of a companion to whom, through trials shared, one is bound forever.) Nurses establish friendships within your profession! Nurses value the luxury of human relationships! Professional unity built on common purpose and experience is part of your heritage.

How can you demonstrate and strengthen this unity? At every level of profession contact a nurse must actively participate in the sharing of knowledge, ideas, efforts and faith. Thus she will be enriched by all she receives from others and also, have the satisfaction of a personal contribution to the development of Nursing. Accept the responsibility of your own task, as a nurse and as a citizen and through the unity of the Nursing profession make your contribution to world health.

Sincere congratulations on the attainment of your goal and best wishes for happiness and success in your chosen profession.

NURSING



MISS B. CLARK
MRS. B. SPRY



MRS. J. STEWART



MRS. McQUADE



MRS. SHARP



MRS. G. BULMER

O
F
F
I
C
E



MRS. MURPHY

THE ADMINISTRATORS MESSAGE



W. A. HOLLAND
Administrator



I. H. MITCHELL
Assist. Administrator

In this our Centennial Year, it gives me great pleasure on behalf of the Directors and Staff to offer congratulations to the Graduates of the Class of 1967.

You have chosen a noble profession—one which will be of great value to you in the years ahead. Put to good use the knowledge you have gained—in the interest of your fellow citizens.

**Address
From
Chief of
Staff
Dr. R. S. Irwin**



***Members of the Graduating Class of Canada's
Centennial Year***

You have now completed your training and attained an enviable plateau in your profession. May I urge you to not be satisfied with this level alone. No profession offers a greater opportunity to improve your education and career. Nursing services are urgently required in all areas of this globe. I hope that by travel to other countries you will gain new medical knowledge and understanding of the problems and complexities of people the world over. On behalf of the Medical Staff it is my pleasure to extend congratulations and sincere wishes for success to the Class of 1967.

R. S. IRWIN, M.D.
Chief of Staff, 1967.

TO THE GRADUATING CLASS OF 1967

We congratulate you as you approach graduation and are proud of the progress you have made as a class. Happiness is our wish for your future. Along with the happiness, we wish each of you success.



Success is not a fleeting thing
That comes by fits and starts,
But a perfect encircling ring
Made up of many parts.

No conflict with one's principle
To sap energy from the deed,
But built-in attitudes, invincible,
To cope with every need.

Not compelled by duty only
To complete the task at hand,
But answers to your conscience
And your best self is in command.

Let a sense of honour be the cord
of gold
That generates the power and
serenity
To closely in the circle hold
The formula of success—integrity.

In his address "A Foolproof Formula for Success", the author Arthur Gordon has summarized thus—

There are many other benefits that integrity brings a person: friendship, trust, admiration, respect. One of the hopeful things about the human race is that people seem to recognize integrity almost instinctively—and are irresistibly attracted to it.

How does one acquire it? I'm sure there's no pat answer. I think perhaps the first step is schooling yourself to practice total honesty in little things: not telling that small lie when it's inconvenient to tell the truth; not repeating that juicy bit of gossip that is quite possibly untrue; not charging that personal phone call to the office.

Such disciplines may sound small, but when you really seek integrity and begin to find it, it develops its own power that sweeps you along. Finally you begin to see that almost anything worth having has an integrity of its own that must not be violated.

A foolproof formula for success? Yes. It's foolproof because—regardless of fame, money, power or any of the conventional yardsticks—if you seek and find integrity, you are a success.

Best Wishes to the Class of 1967

MISS G. E. HILL,
Associate Director of Nursing Education.



MRS. PEDDLE, MRS. RORABECK, MRS. DYCK



MRS. KENNEDY

OUR INSTRUCTORS



MRS. SANDS



MISS RALPH



MISS PRICE, MRS. ROOK



MISS WRIGHT, MRS. KAHN



MRS. JEFFERY

BEST WISHES FOR THE FUTURE



JANICE PARKER
Editor

*"Surely some of God's angels
wear white caps instead of halos,
and carry medicine trays, instead
of harps.*

REV. PAUL FRANK, O.M.I.



SHARON SIBLOCK
Assistant Editor

We have striven in this our diary, to achieve originality, and share momentos, both happy and sad, with those we have become very close to, during the past three years.

We hope this book will bring back pleasant memories of our unforgettable student days, and make each of us remember with pride, our parents, who did so much to help us attain our goal.

We wish to thank our advisors, and all members of the committee, who have worked very hard to help us make our yearbook become a reality.

To each of our classmates, we wish the best of luck, and hope that through the years that lie ahead, all the good you have done for others will be returned many times to you.

Sincerely

JANICE AND SHARON



J. WALKER
Advertising



G. DISNEY
Treasurer



J. FARNELL
Secretary



G. WILSON
Art



H. HILL
Photographer

YEAR BOOK



J. BUCHANAN
Assistant
Photographer



S. ELLIOTT
Social
Representative



J. RUTHERFORD
Class of 1967
Representative



J. ALLISON
Class of 1968
Representative



S. PATRICK
Class of 1969
Representative

taff



STANDING: Nancy Golden, Jane Goforth, Eleanor Graham, Pat McCullough, Evelyn Winning, Betty Jean Harpur and Bonnie Watson. SITTING: Beth Cook and Joan Graham.

This year, it has been my privilege and pleasure to serve as President of the Students' Council. A rewarding experience; I credit this mainly to the encouragement and help of both my executive and fellow students, who have given so unselfishly of their time and talents.

The Student Council of 1966-67 would like to express their appreciation to our Director, Miss Bell and Miss Hill our Associate Director of Nursing Education, for their guidance throughout the year.

To you, the students, we hope for every success and happiness in the coming years.

This year marks the one hundredth anniversary of Canada; but for the class of 1967, it marks another important event in our lives—our graduation.

"Best Wishes" as you go forth with unfaltering steps to find success in your chosen fields.

As said by L. M. Alcott

"Life is my college. May I graduate well and earn some honors!"

J. GRAHAM (President).

School of Nursing Prizes - 1967

SENIOR YEAR

The Adelaide L. McLaughlin Prize for General Proficiency Sharon Ella Greer	Kirkland Lake, Ontario
The Mazo Williams Memorial Prize for Highest Standing in Theory Gail Marilyn Wilson	Perth, Ontario
The Class of 1966 Prize for Efficiency in Bedside Nursing Judith Ann Sparrow	Bowmanville, Ontario
The Dr. F. J. Rundle Prize for Efficiency in Surgical Technique Evelyn Isabel Winning	Unionville, Ontario
The Dr. G. L. Bird Prize for Efficiency in Surgical Nursing Carol Sandra Noyes	Belleville, Ontario
The Eleanor Lovell Prize for Efficiency in Obstetric Nursing Dorothy Gayle Fisher	Cobourg, Ontario
The Dr. W. G. Watt Prize for Efficiency in Paediatric Nursing Patricia Margaret McCullough	Toronto, Ontario
The E. A. Lovell Prize for Efficiency in Medical Nursing Linda Ann Johnston	Oshawa, Ontario

INTERMEDIATE YEAR

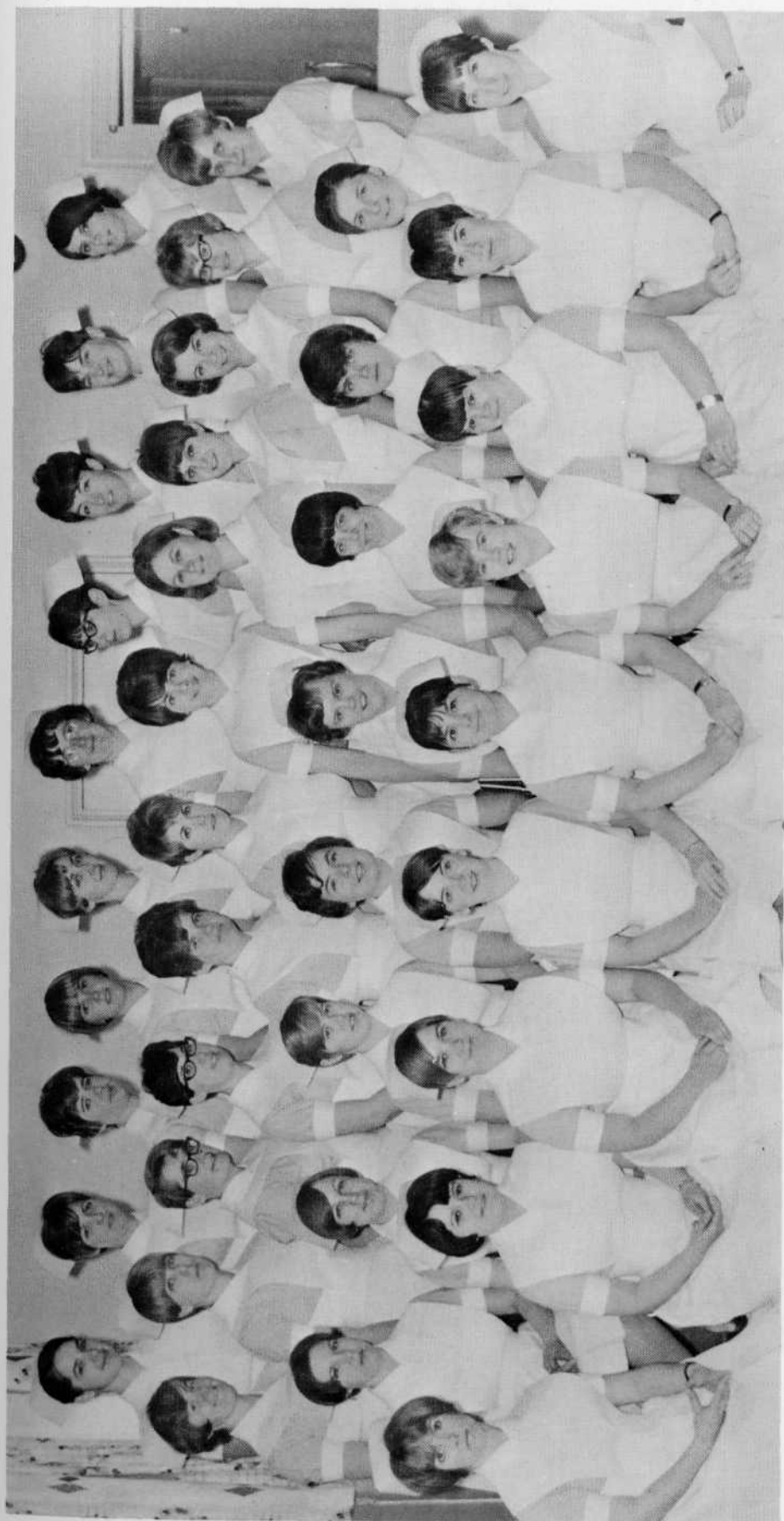
The Supervisors' Prize for General Proficiency Patricia Kathleen Branscombe	Picton, Ontario
The Business and Professional Women's Club of Oshawa Prize for Highest Standing in Theory Beverley Arlene Carrington	Gormley, Ontario
The Dr. W. H. Stanley Prize for Efficiency in Surgical Nursing Donna Eileen Bryant	Whitby, Ontario

JUNIOR YEAR

The Alumnae Association, Oshawa General Hospital School of Nursing Prize for General Proficiency Patricia Ann Harder	Trenton, Ontario
The Award Certificate — The Canadian Nurse Journal for Second Highest Standing in General Proficiency Helen Irene Burke	Sharbot Lake, Ontario

JUNIORS





BACK ROW: Jane Goforth, Linda Scott, Fern Baker, Lee Wetmore, Susane Norris, Elizabeth Miller, Elizabeth Finkle, Leslie Simms, Linda Ashton, Virginia Kirby. SECOND ROW: Sylvia Winacott, Joan Shannette, Mary Yeo, Sandra Lamb, Patricia Harder, Colleen Mayne, Sharon Fisher, Elizabeth Black, Marilynne Barker, Elizabeth Walker, Nancy Staniland, Maria Leering. THIRD

ROW: Marjorie Goodfellow, Shirley Patrick, Yvonne Andersen, Heather Mason, Loran Kemp, Valerie Davis, Margaret Bennett, Maureen McNair. FRONT ROW: Susan Madge, Georgette Quevillon, Lynda Tozak, Helen Burke, Barbara Baker, Roberta Bolen, Shirley Norton, Karen Eller, Lillian Mayr.

THOSE FIRST MONTHS OF NURSING



NEW ROOMMATES AND NEW UNIFORMS



Bibs and Aprons



. . . and capes!



Welcome!



Camera
Shy?

ALEXANDRA RESIDENCE

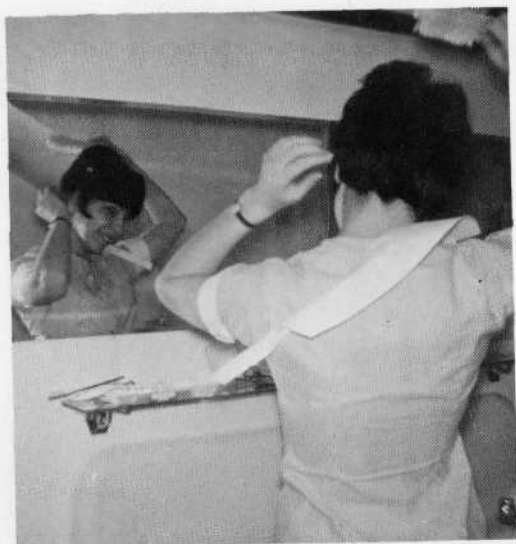


Studying and Relaxing



Alexandra Facilities!





C L A S S E S





FAMOUS PICTURES?



FRIDAY AFTERNOON



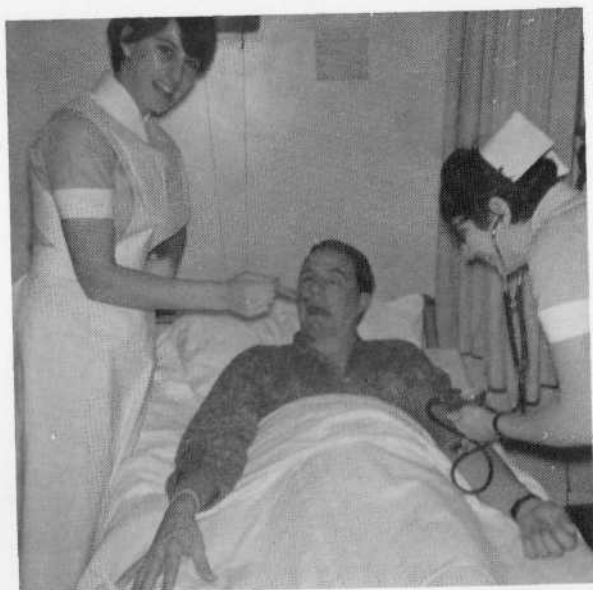
THE FIRST!

BIRTHDAY GIRLS



A CLASS BEAUTY!





THIS WON'T HURT!



CHARTING



THE TRIO



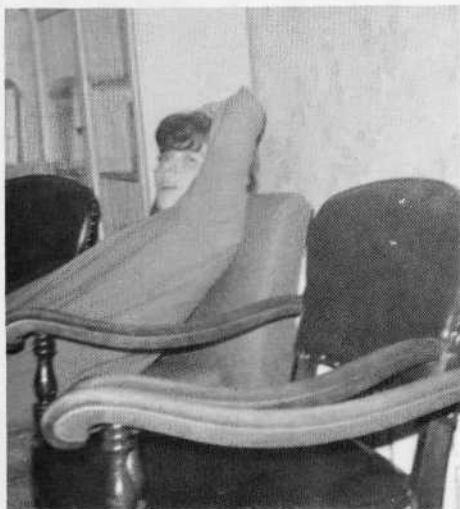
NEED SOME HELP?



THE WINNER!



AND NOW FOR MY NEXT ACT . . .



SMILE!

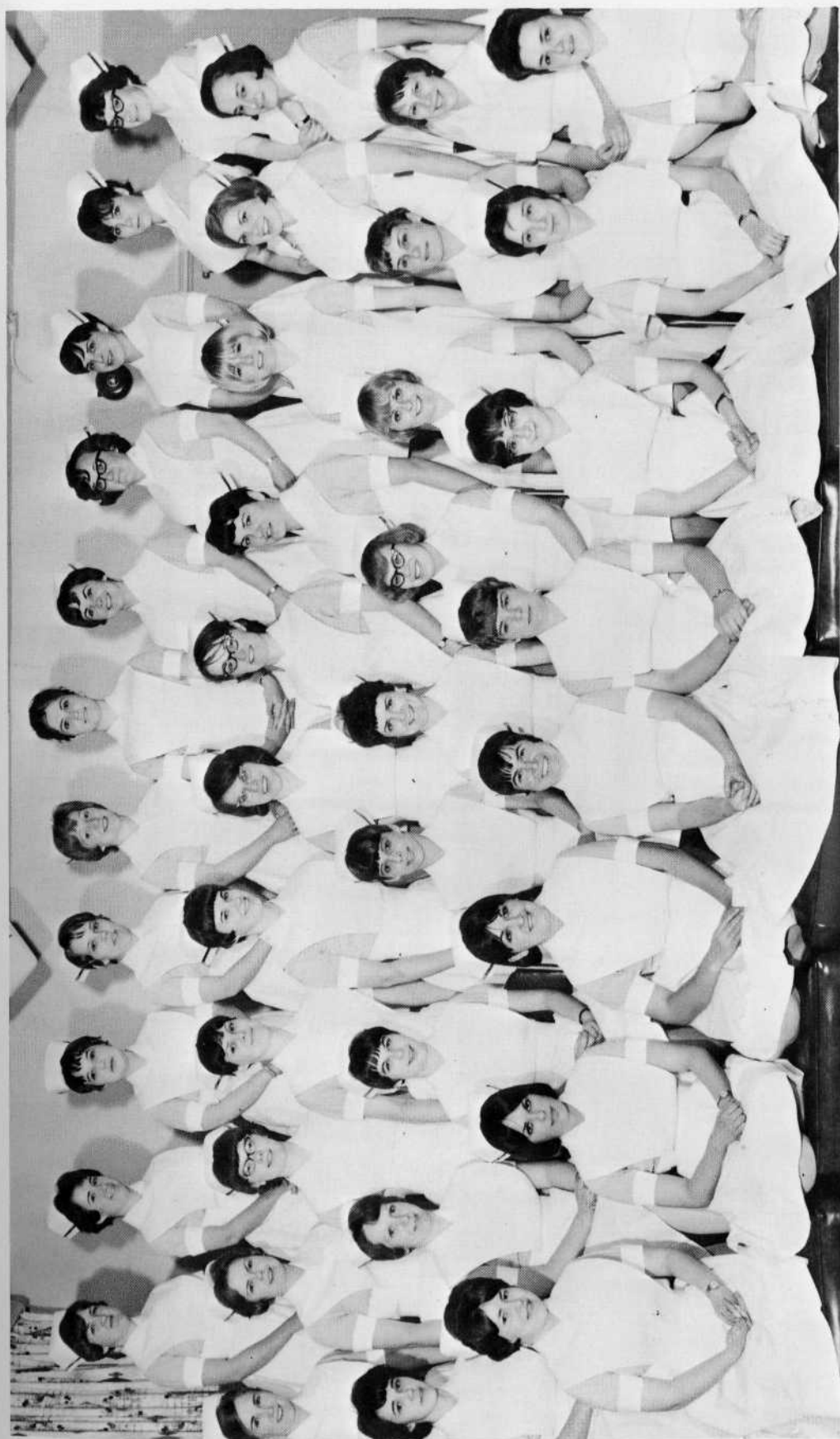


ANYTHING FOR
HEALTH!

SHEETS?
I'M KNITTING THEM!

INTERMEDIATES





BACK ROW: Betty Knox, Janet Reid, Judy Price, Barb Price, Esther Rosevear, Chris Phillips, Sharon Walls, Janet Wilman, Nancy Golden, Sandra Cheyne, Joy Marshall. THIRD ROW: Linda Spencer, Eleanor Graham, Dianne Healey, Jeanette Powers, Jane Holden, Julie Steele, Janice Allison, Greta Vanstone, Hendrika Veltman, Judy MacDermaid, Faye Webber. SECOND ROW: Gail Allin,

Nancy Fraser, Sharon Farrow, Gail Murray, Bonnie Watson, Pat Branscombe, Shirley Brown, Marg Hopkins, Bev Carrington. FRONT ROW: Lynne Armstrong, Jane Graham, Dianne Ford, Jo-Anne Parrott, Sharon Johnson, Fran Patcher, Roberta Cook and Ruth Hall.





OBSTETRICS



FUTURE MOTHERS



BABIES!





WHITBY

RELAX,
BREATHE
DEEPLY



C.S.R.



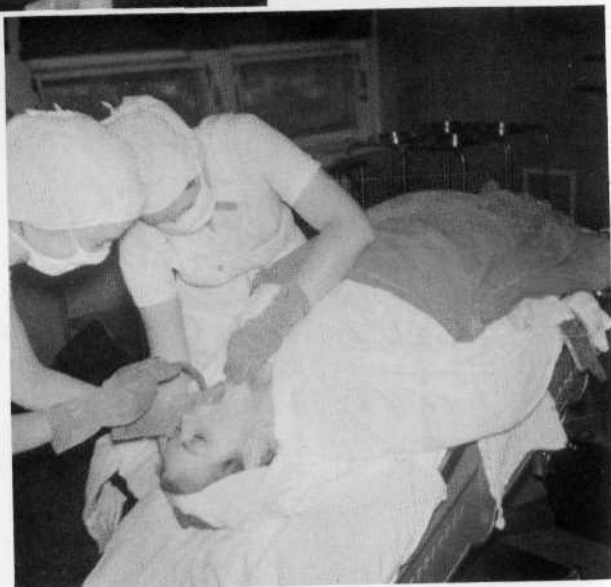


THERE IS NOTHING TO
BE NERVOUS ABOUT!

THOSE
O.R.
CUPBOARDS!



JUST CHECKING FOR
DENTURES.





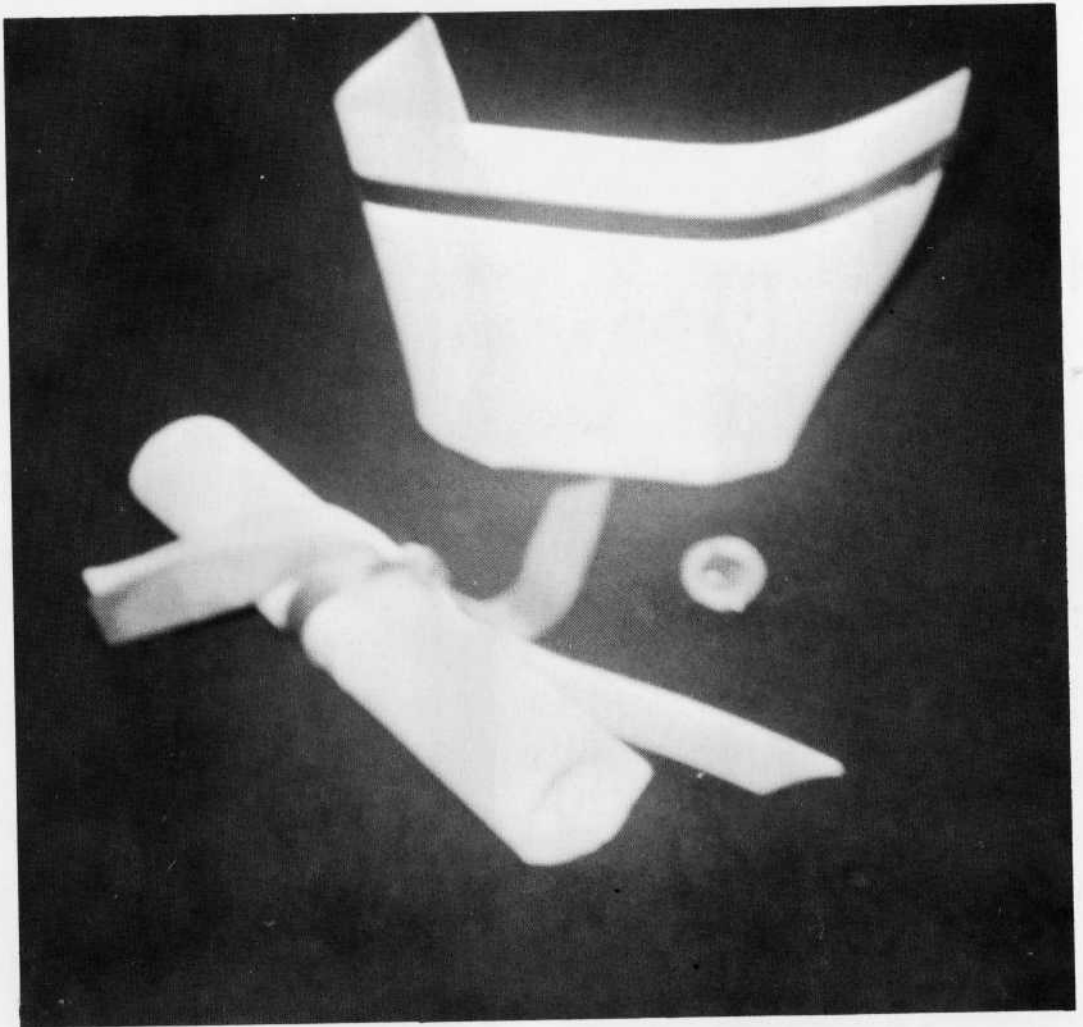
H A L F



W A Y



THE GRADUATES



VALEDICTORY ADDRESS

It is a great honour and pleasure for me to speak to you this evening on behalf of the School of Nursing Class of 1967.

In the words of our late Governor-General Georges Vanier, "Canadian Life is Built Around The Family". And to all those members of the Hospital Family who have helped us in so many ways during the past three years, we, the Class of 1967 extend a sincere thank you.

We are indebted to our nursing leaders who have guided us through these three years. To Miss Bell, Mrs. Telford, Mrs. Gulliver, and Miss Hill, we will be forever grateful for your advice, your interest and your professional examples. We thank all of our instructors who showed so much interest and patience while teaching us in the classroom and supervising us on the wards.

We would like to express our appreciation to the doctors for their informative lectures in the classroom and for time spent so willingly in the Hospital answering our innumerable questions. We are grateful to the members of the Health and Education Committee of the Medical Staff for the care given to us when we were ill. To the Head Nurses and other members of the Nursing Staff, a thank-you is extended for your constant advice and guidance during our clinical experiences.

We will soon complete our undergraduate education. We the Nursing Students and our fellow graduates the Laboratory Technologists and Radiological Technicians are greatly indebted to the Board of Directors of the Oshawa General Hospital for conducting the schools which have provided us with the education necessary to achieve our chosen goals as members of the health professions.

Our gratitude is extended to the Board of Women's Hospital Auxiliary for doing so much to help make residence life more enjoyable and for making our graduation a truly memorable event.

Students from the School of Medical Technology and the School of Radiological Technology are being graduated with us tonight. The Medical Technologists and Radiological Technicians are important members of the health team. Total care of the patient in hospital is very dependent upon the diagnostic services of the laboratory and radiology departments. We, the Nursing Class of 1967, extend our most sincere congratulations to these graduates. We wish you happiness and success in the future.

Throughout our three years as nursing students at the Oshawa General Hospital, we have seen many facets of family life. We have watched life's very beginning—shared with a new mother the joy of her new born's cry; watched with wonder at the look of pride on the face of a new father seeing his child, only minutes old.

For many of our patients we have become a sounding-board. We listen as a father tells of financial insecurity in his family because of his illness—as a mother worries aloud about the care her husband and children are receiving while she is in hospital.

We have marvelled at the strengthening bond created between a husband and wife when they have lost a child. And along with them we have

Valedictorian
Gail Wilson



wondered—why?—only to find comfort in the belief that a Power, much greater than our own, knows best.

Along with the doctors and the nursing staff, we have worked diligently to restore health and to save lives—knowing that somewhere there is a family, strangers to us, who are praying that our skill and understanding will be enough.

For each of us entering the Nursing Profession, has greatly affected our individual families. To move away from home for the first time was a difficult task. We had to develop self-reliance in making our decisions. For many times there were no members of our families readily available to listen to our problems and give us instant advice.

Of course, to have come this far in nursing would have been virtually impossible without our parents. To them we turned for support, encouragement and love. And from them we received more than our share of support—emotionally and financially; of encouragement to reach our goal and to make them proud of us; of love to help us over the rough spots; an understanding heart, an ear to listen sympathetically.

So, tonight on the occasion of our Graduation, we try to express to our families the love and gratitude we feel towards them. To our parents, who, tonight as we become Graduate Nurses, look upon us so proudly, we say from the bottom of our hearts—thanks Mom and Dad!

Living together in residence as we have in the past three years, has made us as close as sisters. We have helped each other through discouragements and sorrow; shared with each other our happiness and success. We have shared our pasts, our present, but more especially our futures as we spent many hours discussing our dreams—for many it is the challenge of nursing in the hospital; for others it is travel in the exciting life of the armed forces; and for still others the experience of further education.

To our in-between sisters, the Intermediate Class, and to our little sisters, the Junior Class, we the Senior Class, who have reached our goal, offer our encouragement. The remaining years of your student life will pass quickly and soon it will be your turn to graduate.

Finally to the thirty-five acquired sisters of my own class, I wish to say that I shall never forget you; you have been the most wonderful thirty-five sisters I ever could have had!



Jean Buchanan
Oshawa, Ont.



Elizabeth Cook
Stirling, Ont.



Linda Crowe
Bloomfield, Ont.



Gayle Disney
Pickering, Ont.



Susan Elliott
Scarborough, Ont.



Patricia Hamilton
Frankford, Ont.



Sharon Greer
Kirkland Lake, Ont.



Donna Galt
Oshawa, Ont.



Gayle Fisher
Cobourg, Ont.



Jeanette Farnell
Toronto, Ont.



Betty Harpur
Cobourg, Ont.



Jane Harrison
Galt, Ont.



Lorna Hicks
Picton, Ont.



Helen Hill
Huntsville, Ont.



Deana Hladysh
Toronto, Ont.



Patricia McCullough
Toronto, Ont.



Mary Ann Lymer
Bowmanville, Ont.



Eva Koblak
Oshawa, Ont.

Linda Johnston
Oshawa, Ont.



Jane Huston
Lindsay, Ont.





Eugenia Nedozytko
Oshawa, Ont.



Carol Noyes
Belleville, Ont.



Janice Parker
Oshawa, Ont.



Janet Parks
Picton, Ont.



Joanne Rutherford
Oshawa, Ont.



Donna Smallpiece
Picton, Ont.



Sharon Siblock
Oshawa, Ont.



Marilyn Sharpless
Gelert, Ont.

Sharon Scott
Oshawa, Ont.



Janice Sadler
Nestleton, Ont.





Judith Sparrow
Bowmanville, Ont.



Barbara Walker
Don Mills, Ont.



Joan Walker
Orillia, Ont.



Gail Wilson
Perth, Ont.



Evelyn Winning
Unionville, Ont.



Joan Graham
Toronto, Ont.

Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care.

BACCALAUREATE SERVICE
MAY 28

... first time for white uniforms and black bands. Rev. J. Morris delivered a sermon on "Are We Completely Healed?" Following the service a luncheon was served by the Woman's Hospital Auxiliary to us and our relatives ...

MOTHER AND DAUGHTER TEA
JUNE 1

... we, with our Mothers and friends were guests of the Head Nurses and Instructors of the Hospital, at an afternoon tea ... never forget the pride seen in the faces of all "moms" ...

GRADUATION ACTIVITIES

INSTRUCTORS' PARTY
JUNE 2

... a wonderful surprise! The cake was beautiful and delicious and we'll never forget their kindness to us at Graduation Time.

FATHER AND DAUGHTER BANQUET
JUNE 1

... we're really a privileged bunch to have an official date with our "Dads" ... a happy and unforgettable night ...

DINNER AND DANCE
JUNE 3

... an occasion that will long be remembered. We were guests of the Alumnae Association ...

GRADUATION DAY
JUNE 2

... a memorable day in our life ...

INTERMEDIATE-SENIOR BANQUET
MAY 9

... after a delicious buffet supper we each were presented with a silver centennial coffee spoon, engraved with our initials ...

WOMEN'S AUXILIARY LUNCHEON
MAY 24

... we were received by the Women's Auxiliary at the Genosha Hotel. Each of us were presented with a white pen, engraved in silver ...



INSTRUCTORS' PARTY



BACCALAUREATE SERVICE



WOMEN'S AUXILIARY LUNCHEON



MOTHER and DAUGHTER TEA



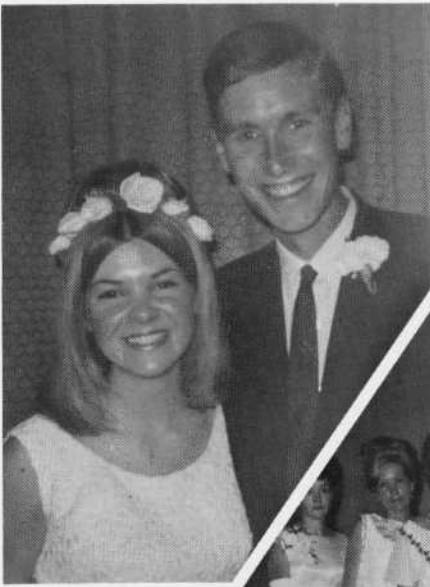


FATHER and DAUGHTER





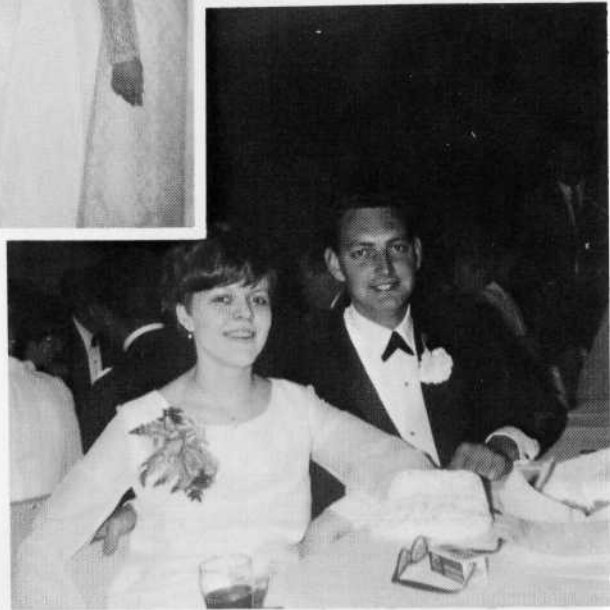




ALUMNAE



BANQUET



and

DANCE



REMEMBER

WHEN





THE HAPPY PROBIES!

OUR ACTING CAREERS
FOR
THE SCHOOL OF NURSING
STAFF.

MR. McLAUGHLIN'S HOME.



R
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"TIME THAT AGED NURSE,
ROCKED US TO PATIENCE."



OLAY!!





We got our bands



Nature studies



Pat, Carol and Jane

PROBIE PARTY



Miss Lenfesty, Mrs. Peddle, Miss West,
Miss Wright, Miss Nixon



Acceptance Ceremony
March, 1965



Oh! Bandaging Classes



Our Junior Class Hootenanny





Who can tell what a baby thinks



OBSTETRICS

"There came to port last Sunday night,
The queerest little craft,
Without an inch of rigging on:
I looked and looked and laughed".



Pediatric Field Trip



Our parties in Alexandra Residence

W H I T B Y



Our half way party February, 1966



"Disney" versus Whitby



Cleaning the Operating Room!



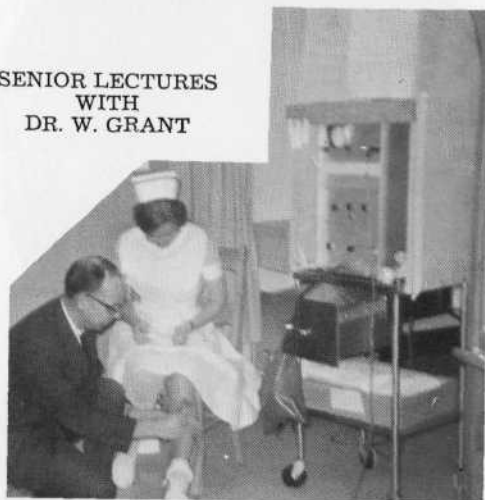
Our Car Wash

FIRST DAY AS SENIORS



BIG LITTLE SISTER PARTY

SENIOR LECTURES
WITH
DR. W. GRANT



VARIETY SHOW CLEANING





LEISURE HOURS AT THE RESIDENCE



ASEPTIC TECHNIQUE!!

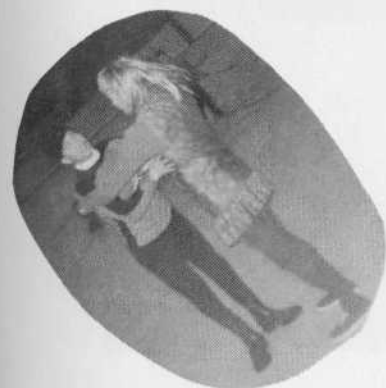
STUDENT NURSES VERSUS DOCTORS AT BROOM BALL GAME.



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STUDENT



ACTIVITIES

FOUR SEASONS



DR. SPRAGGE



MISS HAYES, MR. SBYAN, MRS. REIMER









PREPARATION

Make-up

Costumes

Props

Backstage

SATISFACTION



THE CHRISTMAS DANCE



SKATING PARTY
WITH THE
BROOKLYN DOCTORS



With a Special
thank-you to the
SIBLOCK FAMILY
for
The Senior's
Christmas
Party



WOW! WHAT BEAUTIES



OH!
UNCLE
ED!



**PARTIES (of the
Junior and Intermediate
Students)**



DEDICATION FROM CLASS OF '67

Today you are on the top of Rock Candy Mountain
Tomorrow you will be at the bottom looking up.

You can work your way back to the top, but it won't be easy. Nothing worthwhile comes easy; it never has. When you receive your graduate diploma and a handshake, a bit self-conscious before the admiring eyes of friend and family, you will have received the down payment on your future.

From here on you're on your own. It would be nice to tell you of all the advantages you are facing in this world, today. It would be well to tell you, too, of all the problems which will be confronting you on every side.

But we will refrain from preaching you a sermon. Instead let us put to you in capsule form the essence of what the distinguished Arthur Gordon said in a message to graduates all over entitled, "Welcome—We Need You."

Members of the graduating class freedom is not just a privilege, it is a test—and those who cannot pass the test will be denied it. Welcome, then, to the proving ground. Bring with you all the courage and initiality and determination you can muster.

You are going to need them—just as your country is going to need you.

Good luck and Godspeed to you.

CAROL NOYES.

L I T E R A R Y



"Oh, lay me in a little pit,
With a marble stone to cover it;
And carved thereon a gruel spoon,
To show a "nuss" has died too soon."

TO A NURSE

There's a comforting thought at the close of the day,
When I'm weary and lonely and sad,
That sort of grips hold of my crusty old heart
And bids it merry and glad.
It gets in my soul and drives out the blues
And finally thrills through and through.
It is just a sweet memory that chants the refrain;
I'm glad I touched shoulders with you.

Did you know you were brave, did you know you were strong?
Did you know there was one leaning hard?
Did you know that I waited and listened and prayed
And was cheered by your simplest word?
Did you know that I longed for that smile on your face,
For the sound of your voice ringing true?
Did you know I grew stronger and better because
I had merely touched shoulders with you?

I am glad that I live, that I battle and strive
For the place that I know I must fill.
I am thankful for sorrows. I'll meet with a grin
What fortune may send good or ill.
I may not have wealth, I may not be great,
But I know I shall always be true
For I have in my life that courage you gave
When I once rubbed shoulders with you.

—Anon.



"Don't feel bad, honey. All fathers look that way at first."

NIGHTINGALE WAS HERE

Two hands—one heart,
Five days to impart,
From bed to bed
Her Trade she finds.

White dress, soft shoes,
Much work to do.
Pill, pan, and bottle,
Much love for the needle!!

Woman's heart—God given
"Mother's" touch for bedridden
To be true to her bidden
Much love to be given.

Some "Miss", Some hopeful,
Some soon to be rueful.
Young and old free to hail
Their leader, Nightingale.

To the patient, a smile and nod,
To the sick—a touch of God
To the doctor—a right hand,
Much admired in the Land.

Most remarkable said to be
Is that patient in 3B
Still—they wonder—Is it true
Midst the Chaos, smoke and shrew.

To all these ladies
As his stay slowly fades,
He expresses his wee wish
That each one God will bless.

His THANKS are great,
To leave will hate,
For now who's left
To spoil him and rest.

Father Beriault
6F Isolation
September 1966

TRANSIENT THOUGHTS

A gentle hand, a younger year,
A mother's loving care
I trudge the thorny footpaths in
The garden of despair.

Life's road should be so proud and high
This trail is ever flat
Beyond the beckon of what is past,
It seems I've lost all that.

Just out of sight, a place to rest,
For I am growing old;
But young enough to lose the way,
December winds are cold.

—Written by a Patient.

NATURE'S REPOSE

The great Hand touched the earth below
As clouded heavens burst open all around
Pouring multitudes of drops renown,
A breath of life to every bud
Quickly, silently, unrehearsed
Keeping with intricate pattern of former pursuits.

And as I trudged along the sheltered wind
The path wound up and up ahead,
My eyes burned with delight at the find
And I listened beside the water's edge;
Nature glistened in the early morn
And tears rolled down the grassy ledge
A new fresh dew had sprung once more
And left its mark of loneliness.

by JEAN BUCHANAN

"CHRISTMAS MEMORIES"

It was the day before Christmas at the Oshawa General,
The efforts of the staff were really commendable.
Decorations, trees, flowers, and the true spirit,
Enjoyed by the patients, is worthy of merit.

The Doctors and Nurses, aides and students,
Doubled up in their work for our enjoyment.
No one was forgotten and did not receive,
A token and understanding on Christmas Eve.

Many thanks to the auxiliary and the choir,
For their contributions we all admired.
To the kitchen and house staff and many more,
From all of us, on the 2nd floor.

—To a Student
By H. F. HODGES, A Patient on 2A

**PRAYER OF
SAINT FRANCIS ASSISI**
(died 1226 A.D.)

Lord, make me an instrument of Your peace!
Where there is hatred—let me sow love
Where there is injury—pardon
Where there is doubt—faith
Where there is despair—hope
Where there is darkness—light
Where there is sadness—joy
O Divine Master, grant that I
 may not so much seek
To be consoled—as to console
 To be understood—as to understand
To be loved—as to love
For it is in giving—that we receive
 It is in pardoning—that we are pardoned
It is in dying—that we are born to eternal life

AN INDIAN PRAYER

Of all the “centennial projects” in Canada this year, ranging from small-town parks to a gigantic world’s fair, one of the most heartening is the Canadian Inter-faith Conference.

Set up under the nation’s Centennial Commission, the Conference embraces 34 religions—a strong expression of Canada’s long yearning for unity through diversity. Among its own projects: an anthology of 185 prayers to be recited in churches and synagogues across the land.

Perhaps the simplest and most beautiful entry in the booklet is this ancient Blackfoot prayer, which speaks to the hearts of all men as much as to the Great Spirit worshipped by the first Canadians.

O Great Spirit, Creator of all things;
Human beings, trees, grass, berries.
Help us, be kind to us.
Let us be happy on earth.
Let us lead our children
To a good life and old age.
These our people; give them good minds
To love one another.

O Great Spirit,
Be kind to us.
Give these people the favor
To see green trees,
Green grass, flowers and berries
This next spring;
So we all meet again.

O Great Spirit,
We ask of You.

H O U S E M O T H E R S

1 9 6 7



MRS. GREER



MRS. CLARK



MRS. SMITH



MRS. RICKETTS



MRS. GOWER



BACK: Aloma Roelans, Irene Blain, Lynda Hartman. SITTING FRONT: Cheryl Metcalf.

Pictured above are the senior laboratory technology students, who will be writing their examinations for their "R.T.'s" in June. Those who choose this profession must have Grade 13 education, including two mathematics and two science subjects. This is followed by a twenty-one month training period in a qualified hospital laboratory.

**TOUR
THROUGH
THE
HOSPITAL**



A BUSY PLACE TO WORK

EMERGENCY



MISS GALT ASSISTING DR. ? DOWDEN



A HELPING HAND

1E



OH! THOSE INSULINS AND I.M.'s

2A



CALLING DR. ROWSELL

2C



2D



COME FOR A
WALK WITH
ME?

PEDIATRICS

2B and 2F



SMILE!



3A



3:00 P.M. AND CHARTING TIME

A NURSE: a human alarm clock; an earthbound airline hostess; a member of P.A. (Panhandlers Anonymous).



ANOTHER DRESSING TO DO?





MRS. PAYNE, HEAD NURSE



A DAY'S WORK
IS NEVER DONE



3C

A FRIENDLY HELLO!

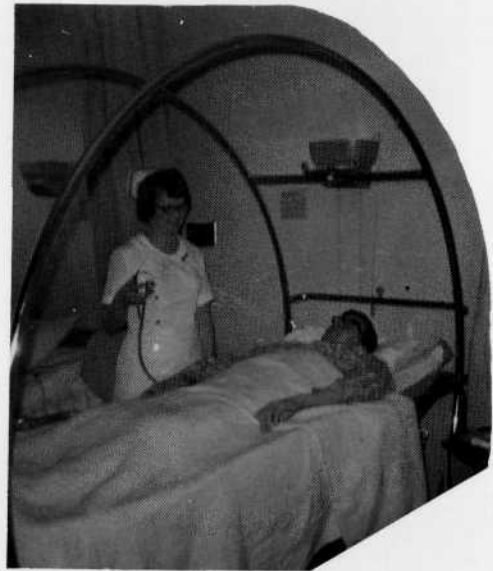
3F



A BUSY DESK



MISS BUCHANAN —
TREATMENT NURSE



OVER YOU GO —
ARE YOU READY?



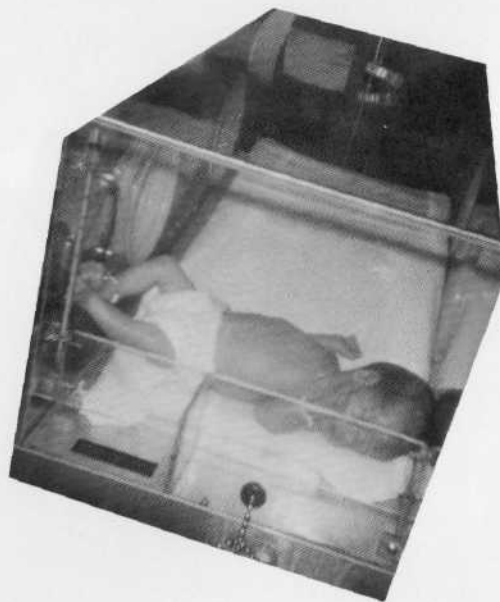
OBSTETRICS



CALLING DR. BECKETT!

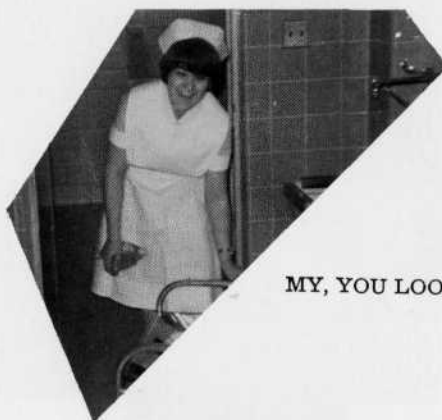


REMEMBER THE
FORMULA ROOM!



NURSERY: THE MAIN
BAWLROOM

4F



MY, YOU LOOK HAPPY!



WE'RE OFF



ANOTHER DEMEROL!



OPERATING ROOM



Where the patient, who is financing the show, gets his cut.



RECOVERY ROOM



For breaking up the waking-up; you go into it, to come out of it.

5F



IRRIGATIONS



IT'S PILL TIME AGAIN



HAVE YOU GOT EVERYTHING?

I. C. U.



6F



Is that your last chart?



SEGREGATION



ISOLATION



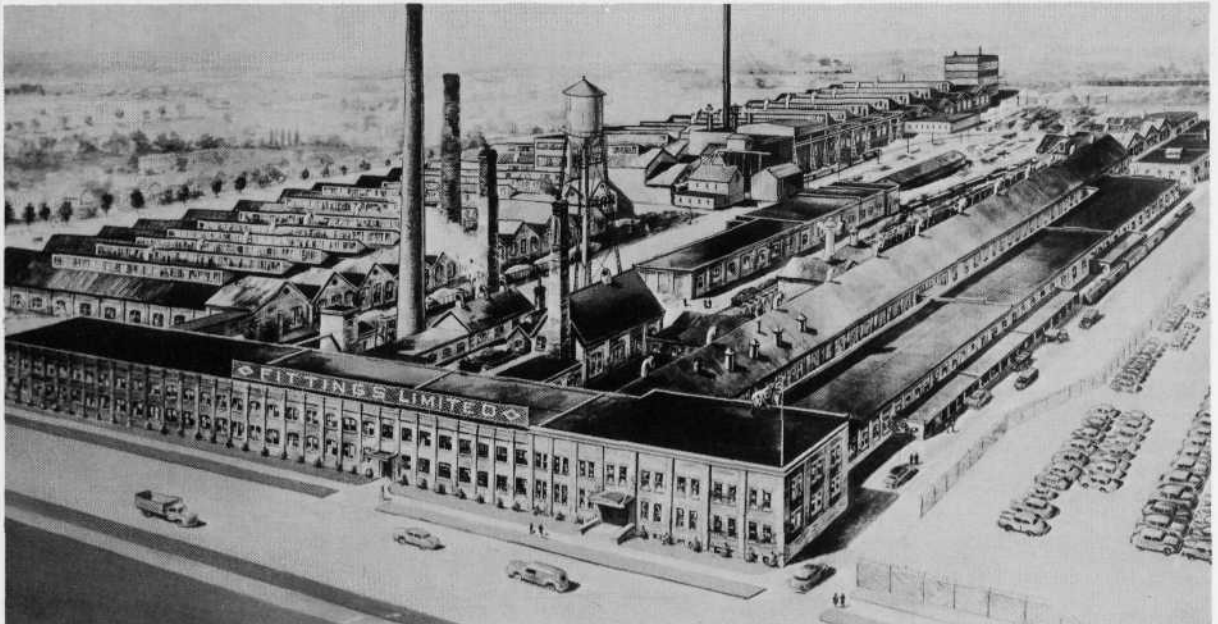
I'm off to the laboratory

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T H E
GREEN DOOR

DISCOTHEQUE

— COFFEE HOUSE



*“It would be interesting,
Members of the Graduating Class,
to cast your horoscopes . . .*

“YOU will be better women for the life which you have led here. But what I mean by ‘better women’ is that the eyes of your souls have been opened, the range of your sympathies has been widened, and your characters have been moulded by the events in which you have been participators during the past two years.

“Practically there should be for each of you a busy, useful, and happy life; more you cannot expect; a greater blessing the world cannot bestow. Busy you will certainly be, as the demand is great, both in private and public, for women with your training. Useful your lives must be, as you will care for those who cannot care for themselves, and who need about them, in the day of tribulation, gentle hands and tender hearts. And happy lives shall be yours, because busy and useful; having been initiated into the great secret — that happiness lies in the absorption in some vocation which satisfies the soul; that we are here to add what we can *to*, not to get what we can *from*, life.”

Sir William Osler

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